

## Texts by Dr. Frank-M. Staemmler,

which have been written in, or translated into, English:

### Books:

#### *Empathy in Psychotherapy: How Therapists and Clients Understand Each Other.*

New York: Springer Publications, 2011.

- „Rarely have I read a book — surely not in psychoanalysis or psychotherapy — so scholarly and so accessible, so theoretically challenging and so humanistically rich.“ — *Donna Orange*
- „People intuitively know that we travel the byways of life jointly. Dr. Staemmler takes this common sense perspective and through professionally astute examination transforms it into a dependable guideline for living. His de-mystification and humanization of the elusive dynamics of communal existence returns the reader to the old adage that we are all in the same boat and, further, that it is emotionally imperative to let ourselves be there.“ — *Erving Polster*

#### *Aggression, Time, and Understanding: Contributions to the Evolution of Gestalt*

*Therapy.* New York: Routledge, Taylor & Francis (GestaltPress), 2009. — This book includes the following chapters:

- Ego, anger, and attachment: A critique of Perls's aggression theory and method (pp. 3-184)
- The here and now is not what it used to be: The tail of the comet, the face of Janus, and the infinity of possibilities (pp. 187-233)
- Towards a theory of regressive processes in gestalt therapy: On time perspective, developmental model and the wish to be understood (pp. 235-301)
- Dialogue and interpretation in gestalt therapy: Making sense together (pp. 305-334)
- Cultivated uncertainty: An attitude for gestalt therapists (pp. 335-357)

### Articles and Book Chapters

Taking another turn: The relational turn in gestalt therapy revisited. *British Gestalt Journal* 2016, 25/2, 3-19

The many voices of the self. *British Gestalt Journal* 2015, 24/2, 5-13.

Self as situated process (2015). In J.-M. Robine (Ed.), *Self – A polyphony of contemporary gestalt therapists* (pp. 105-121). St Romain la Virvée: L'exprimerie.

- Aggression or self-assertion? Response to Skovgaard and Winther-Jensen (with Barbara Staemmler). *Gestalt Review* 2015, 19/3, 212-219.
- Self-esteem, compassion and self-compassion: From individualism to connectedness. *British Gestalt Journal* 2012, 21/2, 19-28.
- Pain and beauty. *Gestalt Journal of Australia and New Zealand* 2012, 8/2, 54-71. also in: *Gestalt Review* (2013) 17/3, 245-262.
- The Now is not what it used to be . . . The meaning of time in Gestalt therapy or the times of meaning in Gestalt therapy. *British Gestalt Journal* 2011, 20/2, 12-21.
- Continuity and change (2011). In D. Bloom & P. Brownell (Eds.), *Continuity and change: Gestalt therapy now — The 10th Biennial Conference of the Association for the Advancement of Gestalt Therapy* (pp. 100-108). Newcastle, UK: Cambridge Scholars Publishing.
- Ego, anger, and attachment: A new way of looking at and working with aggression in gestalt therapy (2011). In D. Bloom & P. Brownell (Eds.), *Continuity and change: Gestalt therapy now — The 10th Biennial Conference of the Association for the Advancement of Gestalt Therapy* (pp. 318-333). Newcastle, UK: Cambridge Scholars Publishing.
- Contact as first reality: Gestalt therapy as an intersubjective approach. *British Gestalt Journal* 2010, 19/2, 28-33.
- Philosophy with tears: Gestalt ‚study buddies‘ visit Dachau (with C. Swanson, L. Norton, M. Parlett, L. Jacobs, S. Denham-Vaughan & J. Denham-Vaughan). *British Gestalt Journal* 2009, 18/2, 21-34.
- Interview (with Nickei Falconer). *Gestalt Journal of Australia and New Zealand* 2009, 5/2, 7-18.
- On Macaque monkeys, players, and clairvoyants: Some new ideas for a gestalt therapeutic concept of empathy. *Studies in Gestalt Therapy: Dialogical Bridges* 2007, 1/2, 43-63. Also in: D. Ullmann & G. Wheeler (Eds.) (2009), *Cocreating the field: Intention and practice in the age of complexity* (pp. 73-101). New York: Routledge, Taylor & Francis (GestaltPress).
- Emergent interactionism: Staemmler replies. *British Gestalt Journal* 2007, 16/2, 53-55.
- A Babylonian confusion?: On the uses and meanings of the term „field“. *British Gestalt Journal* 2006, 15/2, 64-83.
- The willingness to be uncertain: Preliminary thoughts about interpretation and understanding in gestalt therapy. *International Gestalt Journal* 2006, 29/2, 11-42. Also in: L. Jacobs & R. Hycner (Eds.) (2010), *Relational approaches in gestalt therapy* (pp. 65-110). New York: Routledge, Taylor & Francis (GestaltPress)

Cultural field conditions: A hermeneutic study of consistency. *British Gestalt Journal* 2005, 14/1, 34-43.

Dialogue and interpretation in gestalt therapy: Making sense together. *International Gestalt Journal* 2004, 27/2, 33-57.

Mary Ann Merksamer: An obituary. *International Gestalt Journal* 2004, 27/1, 121-126.

Splitting and the empty chair: A little *festschrift* for Gary Yontef. *International Gestalt Journal* 2002, 25/2, 59-93.

Hans-Georg Gadamer: An obituary. *International Gestalt Journal* 2002, 25/1, 129-131.

Dialogical diagnosis: Changing through understanding. *Australian Gestalt Journal* 2002, 6/1, 19-32.

The here and now: A critical analysis. *British Gestalt Journal* 2002, 11/1, 21-32.

Views from the clifftop. *Australian Gestalt Journal* 2001, 5, 67-75.

Like a fish in water: Gestalt therapy in times of uncertainty. *Gestalt Review* 2000, 4/3, 205-218.

Illness and responsibility, *Australian Gestalt Journal* 1997, 1/2, 69-73.

Towards a theory of regressive processes in gestalt therapy: On time perspective, developmental model and the wish to be understood. *The Gestalt Journal* 1997, 20/1, 49-120.

Joint constructions: On the subject-matter of gestalt couple therapy, as exemplified by gender-specific misunderstandings. *Australian Gestalt Journal* 1997, 1/1, 3-23. Also in: R. G. Lee (Ed.) (2008), *The secret language of intimacy: Releasing the hidden power in couple relationships* (pp. 205-248). New York: Routledge, Taylor & Francis

Cultivated uncertainty: An attitude of gestalt therapists. *British Gestalt Journal* 1997, 6/1, 40-48.

Can 'I-Thou' be the basis of gestalt therapy?: A reply to Yontef and Beaumont. *British Gestalt Journal* 1994, 3/2, 125-126.

On layers and phases: A message from overseas. *The Gestalt Journal* 1994, 17/1, 5-31.

Projective identification in gestalt therapy with severely impaired clients. *British Gestalt Journal* 1993, 2/2, 104-110.

#### **Book reviews:**

Review of D. J. Cain & J. Seeman (2001), *Humanistic psychotherapies: Handbook of research and practice*. Washington, DC: American Psychological Association. *International Gestalt Journal* 2003, 26/1, 131-134.

Review of Knights, W. A. Jr. (2002), *Pastoral counseling: A gestalt approach*. New York: Haworth Pastoral Press. *International Gestalt Journal* 2002, 25/2, 135-142.

Review of Robine, J.-M. (Ed.) (2001), *Contact and relationship in a field perspective*. Bordeaux, France: L'exprimerie. *International Gestalt Journal* 2002, 25/1, 145-148.

Review of Rachman, A. W. (1997), *Sándor Ferenczi: The psychotherapist of tenderness and passion*, Northvale, NJ & London: Jason Aronson. *Gestalt Review* 1998, 2/1, 85-87.

Review of Sroufe, A. L. (1996), *Emotional development: The organisation of emotional life in the early years*. Cambridge: Cambridge University Press. *Gestalt Review* 1997, 1/4, 370-371.

Review of Lifschitz, M. (1995), *Freedom from memory, desire, and understanding: An integration of gestalt therapy with psychoanalysis*. New York: Irvington Publishers. *The Gestalt Journal* 1996, 19/2, 131-139.